UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 26, 2019

UNIVERSAL HEALTH REALTY INCOME TRUST

(Exact name of Registrant as Specified in Its Charter)

Maryland (State or Other Jurisdiction of Incorporation) 1-9321

(Commission File Number)

Universal Corporate Center 367 South Gulph Road King of Prussia, Pennsylvania (Address of Principal Executive Offices) 23-6858580 (IRS Employer Identification No.)

> 19406 (Zip Code)

Registrant's Telephone Number, Including Area Code: (610) 265-0688

Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instructions A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§ 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 240.12b-2 of this chapter).

Emerging growth company \Box

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 2.02 Results of Operations and Financial Condition.

On April 26, 2019, the Trust made its first quarter, 2019 earnings release. A copy of the Trust's press release is furnished as exhibit 99.1 to this Form 8-K and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit
NumberPress release dated April 26, 2019.99.1Press release dated April 26, 2019.

Description

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

By:

UNIVERSAL HEALTH REALTY INCOME TRUST

/s/ Charles F. Boyle

Name:Charles F. BoyleTitle:Vice President and Chief Financial Officer

Date: April 26, 2019

UNIVERSAL HEALTH REALTY INCOME TRUST

Universal Corporate Center 367 S. Gulph Road P.O. Box 61558 King of Prussia, PA 19406 (610) 265-0688

FOR IMMEDIATE RELEASE CONTACT: Charles Boyle Chief Financial C

Charles Boyle Chief Financial Officer (610) 768-3300 April 26, 2019

UNIVERSAL HEALTH REALTY INCOME TRUST REPORTS 2019 FIRST QUARTER FINANCIAL RESULTS

Consolidated Results of Operations - Three-Month Periods Ended March 31, 2019 and 2018:

KING OF PRUSSIA, PA - Universal Health Realty Income Trust (NYSE:UHT) announced today that for the three-month period ended March 31, 2019, reported net income was \$4.2 million, or \$.31 per diluted share, as compared to \$9.6 million, or \$.70 per diluted share, during the first quarter of 2018.

As reflected on the attached Schedule of Non-GAAP Supplemental Information ("Supplemental Schedule"), our financial results for the three-month period ended March 31, 2019 included a gain of \$250,000, or \$.02 per diluted share, related to the sale of a parcel of land located at one of our buildings. Our financial results for the three-month period ended March 31, 2018 included \$4.5 million of hurricane insurance recoveries in excess of damaged property write-downs received in connection with damage sustained from Hurricane Harvey which occurred in August, 2017. Excluding the impact of these items from each respective quarter, and as calculated on the Supplemental Schedule, our adjusted net income was \$4.0 million, or \$.29 per diluted share during the first quarter of 2019, as compared to \$5.1 million, or \$.37 per diluted share during the first quarter of 2018.

Our net income and adjusted net income for the three months ended March 31, 2019 was unfavorably impacted by \$355,000, or \$.03 per diluted share, resulting from net asset write offs recorded in connection with early lease terminations or relocations that occurred during the first quarter of 2019 at three of our multi-tenant medical office buildings. Our net income and adjusted net income for the three months ended March 31, 2018 were favorably impacted by \$968,000, or \$.07 per diluted share, as a result of the business interruption insurance recovery proceeds received during the first quarter of 2018. Included in this amount, which covered the period of late August, 2017 through March, 2018 (after satisfaction of the applicable deductibles), was approximately \$500,000, or \$.04 per diluted share, related to the period of August, 2017 through December 31, 2017.

As calculated on the Supplemental Schedule, our funds from operations ("FFO"), were \$11.0 million, or \$.80 per diluted share during the first quarter of 2019, as compared to \$11.5 million, or \$.84 per diluted share during the first quarter of 2018. Our FFO for the three months ended March 31, 2018 were favorably impacted by the \$968,000, or \$.07 per diluted share, resulting from the above-mentioned business interruption insurance recovery proceeds.

Dividend Information:

The first quarter dividend of \$.675 per share, or \$9.3 million in the aggregate, was declared on March 6, 2019 and paid on March 29, 2019.

Capital Resources Information:

At March 31, 2019, we had \$200.3 million of borrowings outstanding pursuant to the terms of our \$300 million credit agreement and \$99.7 million of available borrowing capacity. The credit agreement has a scheduled maturity date of March, 2022, however, we have the option to extend the maturity date for up to two additional six-month periods.

Adoption of ASU 2016-02, "Leases (Topic 842): Amendments to the FASB Accounting Standards Codification":

Effective January 1, 2019, we adopted ASU 2016-02 which requires lessees to, among other things, recognize right-of-use assets and lease liabilities on the balance sheet. As a result of our adoption of ASU 2016-02, in connection with ground leases where we are the lessee, our consolidated balance sheet as of March 31, 2019 includes right-of-use land assets (\$8.8 million) and ground lease liabilities (\$8.8 million). Prior period financial statements were not adjusted for the effects of this new standard.

General Information, Forward-Looking Statements and Risk Factors and Non-GAAP Financial Measures:

Universal Health Realty Income Trust, a real estate investment trust, invests in healthcare and human service related facilities including acute care hospitals, rehabilitation hospitals, sub-acute care facilities, medical/office buildings, free-standing emergency departments and childcare centers. We have investments in sixty-nine properties located in twenty states.

This press release contains forward-looking statements based on current management expectations. Numerous factors, including those disclosed herein, those related to healthcare and healthcare real estate industry trends and those detailed in our filings with the Securities and Exchange Commission (as set forth in *Item 1A - Risk Factors* and in *Item 7-Forward-Looking Statements and Risk Factors* in our Form 10-K for the year ended December 31, 2018) may cause the results to differ materially from those anticipated in the forward-looking statements. Many of the factors that will determine our future results are beyond our capability to control or predict. These statements are subject to risks and uncertainties and therefore actual results may differ materially. Readers should not place undue reliance on such forward-looking statements which reflect management's view only as of the date hereof. We undertake no obligation to revise or update any forward-looking statements, or to make any other forward-looking statements, whether as a result of new information, future events or otherwise.

We believe that adjusted net income and adjusted net income per diluted share (as reflected on the attached Supplemental Schedules), which are non-GAAP financial measures ("GAAP" is Generally Accepted Accounting Principles in the United States of America), are helpful to our investors as measures of our operating performance. In addition, we believe that, when applicable, comparing and discussing our financial results based on these measures, as calculated, is helpful to our investors since it neutralizes the effect in each year of material items that are nonrecurring or non-operational in nature including items such as, but not limited to, gains on transactions and hurricane proceeds in excess of damaged property write-downs.

Funds from operations ("FFO") is a widely recognized measure of performance for Real Estate Investment Trusts ("REITs"). We believe that FFO and FFO per diluted share, which are non-GAAP financial measures, are helpful to our investors as measures of our operating performance. We compute FFO, as reflected on the attached Supplemental Schedules, in accordance with standards established by the National Association of Real Estate Investment Trusts ("NAREIT"), which may not be comparable to FFO reported by other REITs that do not compute FFO in accordance with the NAREIT definition, or that interpret the NAREIT definition differently than we interpret the definition. FFO adjusts for the effects of gains, such as gains on transactions and hurricane recovery proceeds in excess of damaged property write-downs during the periods presented. FFO does not represent cash generated from operating activities in accordance with GAAP and should not be considered to be an alternative to net income determined in accordance with GAAP. In addition, FFO should not be used as: (i) an indication of our financial performance determined in accordance with GAAP; (ii) an alternative to cash flow from operating activities determined in accordance with GAAP; (ii) a measure of our liquidity, or; (iv) an indicator of funds available for our cash needs, including our ability to make cash distributions to shareholders. A reconciliation of our reported net income to FFO is reflected on the Supplemental Schedules included below.

To obtain a complete understanding of our financial performance these measures should be examined in connection with net income, determined in accordance with GAAP, as presented in the condensed consolidated financial statements and notes thereto in this report or in our other filings with the Securities and Exchange Commission including our Report on Form 10-K for the year ended December 31, 2018. Since the items included or excluded from these measures are significant components in understanding and assessing financial performance under GAAP, these measures should not be considered to be alternatives to net income as a measure of our operating performance or profitability. Since these measures, as presented, are not determined in accordance with GAAP and are thus susceptible to varying calculations, they may not be comparable to other similarly titled measures of other companies. Investors are encouraged to use GAAP measures when evaluating our financial performance.

(more)

Universal Health Realty Income Trust Consolidated Statements of Income For the Three Months Ended March 31, 2019 and 2018 (amounts in thousands, except per share amounts) (unaudited)

	Three Months Ended March 31,				
		2019	2018		
Revenues:					
Lease revenue - UHS facilities (a.)	\$	5,793	\$	5,735	
Lease revenue- Non-related parties		12,731		12,507	
Other revenue - UHS facilities		213		62	
Other revenue - Non-related parties		375		235	
		19,112		18,539	
Expenses:					
Depreciation and amortization		6,708		6,287	
Advisory fees to UHS		970		904	
Other operating expenses		5,210		5,208	
		12,888		12,399	
Income before equity in income of unconsolidated limited liability companies ("LLCs"), interest					
expense, hurricane insurance recovery proceeds and gain		6,224		6,140	
Equity in income of unconsolidated LLCs		430		429	
Hurricane insurance recovery proceeds in excess of damaged property					
write-downs		-		4,535	
Hurricane business interruption insurance recovery proceeds		-		968	
Gain on sale of land		250		-	
Interest expense, net		(2,692)		(2,468)	
Net income	\$	4,212	\$	9,604	
Basic and diluted earnings per share	\$	0.31	\$	0.70	
Weighted average number of shares outstanding - Basic and Diluted		13,728		13,718	

(a.) Includes bonus rental on UHS hospital facilities of \$1,394 and \$1,326 for the three-month periods ended March 31, 2019 and 2018, respectively.

Universal Health Realty Income Trust

Schedule of Non-GAAP Supplemental Information ("Supplemental Schedule") For the Three Months Ended March 31, 2019 and 2018 (in thousands, except per share amounts) (unaudited)

Calculation of Adjusted Net Income

	Three Months Ended March 31, 2019				_	Three Months Ended March 31, 2018			
		Per Amount Diluted Share				Amount	Per Diluted Share		
Net income	\$	4,212	\$	0.31	\$	9,604	\$	0.70	
Adjustments:									
Less: Hurricane insurance recoveries		-		-		(4,535)		(0.33)	
Gain on sale of land		(250)		(0.02)		-		-	
Subtotal adjustments to net income		(250)		(0.02)		(4,535)		(0.33)	
Adjusted net income	\$	3,962	\$	0.29	\$	5,069	\$	0.37	

Calculation of Funds From Operations ("FFO")

			Three Months Ended March 31, 2019				Three Months Ended March 31, 2018			
		A	Per Amount Diluted Share		Amount		Per Diluted Share			
Net income		\$	4,212	\$	0.31	\$	9,604	\$	0.70	
Plus: Depreciation and amortization expense:										
Consolidated investments			6,708		0.49		6,151		0.45	
Unconsolidated affiliates			283		0.02		271		0.02	
Less: Hurricane insurance recovery proceeds in excess of	damaged									
property write-downs			-		-		(4,535)		(0.33)	
Gain on sale of land			(250)		(0.02)		-		-	
FFO		\$	10,953	\$	0.80	\$	11,491	\$	0.84	
Dividend paid per share				\$	0.675		<u> </u>	\$	0.665	

Universal Health Realty Income Trust Consolidated Balance Sheets

(dollar amounts in thousands, except share data)

(unaudited)

(unaudited)					
	March 31,		December 31,		
		2019	2018		
<u>Assets:</u>					
Real Estate Investments:					
Buildings and improvements and construction in progress	\$	558,414	\$	557,650	
Accumulated depreciation		(178,481)		(173,316)	
		379,933		384,334	
Land		53,396		53,396	
Net Real Estate Investments		433,329		437,730	
Investments in limited liability companies ("LLCs")		4,944		5,019	
Other Assets:					
Cash and cash equivalents		6,032		5,036	
Base and bonus rent and other receivables from UHS		4,145		2,739	
Rent receivable - other		7,031		7,469	
Intangible assets (net of accumulated amortization of \$25.4 million and					
\$27.6 million, respectively)		16,565		17,407	
Right-of-use land assets		8,848		-	
Deferred charges and other assets, net		8,156		8,356	
Total Assets	\$	489,050	\$	483,756	
Liabilities:					
Line of credit borrowings	\$	200,300	\$	196,400	
Mortgage notes payable, non-recourse to us, net		64,456		64,881	
Accrued interest		488		450	
Accrued expenses and other liabilities		10,164		11,765	
Ground lease liabilities		8,848		-	
Tenant reserves, deposits and deferred and prepaid rents		11,167		11,650	
Total Liabilities		295,423		285,146	
<u>Equity:</u>		<u> </u>		<u> </u>	
Preferred shares of beneficial interest,					
\$.01 par value; 5,000,000 shares authorized;					
none issued and outstanding		-		-	
Common shares, \$.01 par value;					
95,000,000 shares authorized; issued and outstanding: 2019 - 13,747,567;					
2018 - 13,746,803		137		137	
Capital in excess of par value		266,247		266,031	
Cumulative net income		646,528		642,316	
Cumulative dividends		(719,285)		(710,006)	
Accumulated other comprehensive income		-		132	
Total Equity		193,627		198,610	
Total Liabilities and Equity	\$	489,050	\$	483,756	